2 MILE WALKING ROUTE FROM

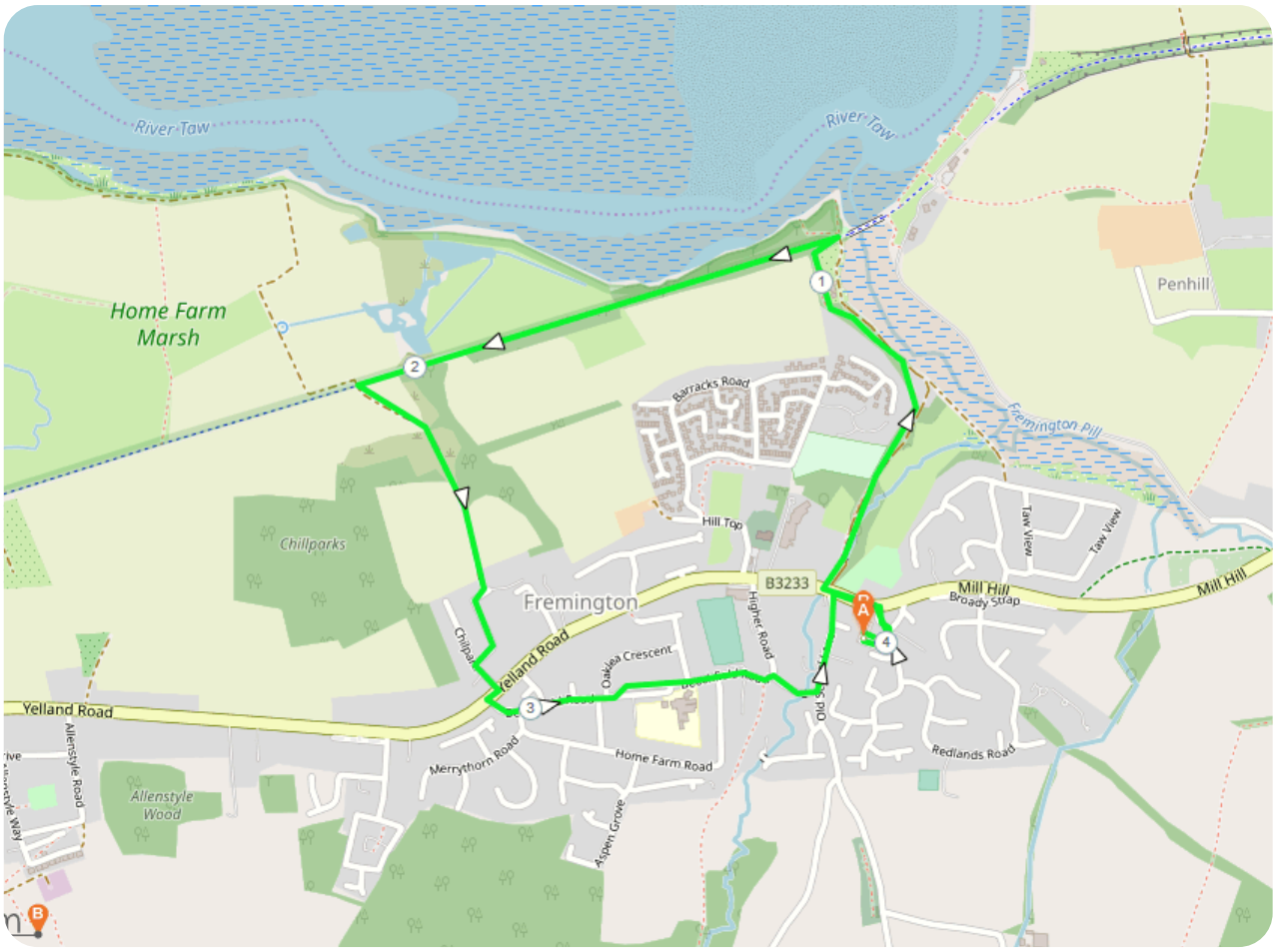
FREMINGTON MEDICAL CENTRE

FREMINGTON PILL- TARKA TRAIL- CHILPARK

Pathway Prescriptions

OVERVIEW

A walk along Fremington Pill to where it meets the River Taw estuary, then following the Tarka Trail towards Home Farm Marsh, then looping back through Chilpark.



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FREMINGTON MEDICAL CENTRE

FREMINGTON PILL- TARKA TRAIL- CHILPARK

Pathway Prescriptions

DIRECTIONS

1. Starting from Fremington Medical Centre, turn left on to Beards Road to reach the junction with the main road Mill Hill. Turn left and follow the road to reach the New Inn. Cross the main road and turn left. Immediately after crossing a stream is a footpath sign. Turn right to follow the path.

2. Follow this path alongside the stream. Where the path forks take the left path and continue through woodland to reach the Tarka Trail. Turn left.

3. Walk along the Tarka Trail for approximately 1 km/ 0.6 miles to reach a footpath on the left.

Scan the QR code for a detailed map and to download a GPX file

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Pathway Prescriptions

DIRECTIONS

4. Turn left and follow the path through a field and woodland to reach Chilpark road. Turn right. Follow the road to a junction. Turn left and follow the road to reach Yelland Road. Cross the road here, to reach a sign for Beechfield Road.

5. Turn into Beechfield Road and follow for approximately 500m / 0.3 miles passing Fremington School on the right and the Beechfield Centre to the left to reach a junction with Mill Road, turn right here.

6. Follow the road over the bridge, then turn left at the junction to walk along Old School Lane to reach the main road. Turn right here, returning to Fremington Medical Centre via Beards Road on the right.

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